

OUTLOOK

EXPEDITIONS

'LIFE READINESS'
LEADERSHIP COURSE



LeaderinMe®

DEVELOPING LIFE-READY LEADERS

Through our exclusive partnership with world renowned leadership programme 'Leader in Me', Outlook can now deliver even greater value to schools and students.

By participating in an Outlook Expedition, students can now benefit from gaining professionally recognised skills and a highly regarded qualification.

They'll also master positive behavioural habits that will be invaluable throughout their lives.



LEADER IN ME EXPLAINED

At Outlook Expeditions, we champion the importance of building resilience and character in young people, to prepare them for the inevitable challenges of life. It's the very foundation of what we do.

With the mental health crisis worsening in recent years, there has been an increased focus on building character and resilience in young people.

In February 2019 Damian Hinds announced plans for a revival of Character Education in schools.

In fact, building a stronger, more resilient - and ultimately happier - population is now becoming a priority for every corner of society.

Leader in Me (LiM) is an award-winning leadership training programme for students and schools.

Incorporating some of the world's most respected leadership principles, Stephen Covey's '7 Habits of Highly Effective People', it's a comprehensive, evidence-based learning model designed to develop 'life-readiness' and increase effectiveness in students.

LiM is based on 5 Core Paradigms:

- ONE EVERYONE CAN BE A LEADER
- TWO EVERYONE HAS GENIUS
- THREE CHANGE STARTS WITH ME
- FOUR EMPOWER STUDENTS
- FIVE DEVELOP THE WHOLE PERSON

WHAT IT MEANS FOR PARTICIPANTS

Throughout their entire expedition programme, guided by the LiM framework, students will actively learn and practise leadership and personal management skills.

They will receive a 'leadership guide' pack and gain access to an online learning portal - then work their way through exercises and tasks, supported by videos and other tools, leading up to the expedition.

The learning journey is structured around the '7 Habits':

PRINCIPLES OF EFFECTIVENESS

HABIT 1 BE PROACTIVE

HABIT 2 BEGIN WITH THE END IN MIND


HABIT 3 PUT FIRST THINGS FIRST

HABIT 4 THINK WIN-WIN

HABIT 5 SEEK FIRST TO UNDERSTAND,
THEN TO BE UNDERSTOOD

HABIT 6 SYNERGISE

HABIT 7 SHARPEN THE SAW



'A key part of the programme is the journey from dependence, through independence and onto interdependence.'

In addition to planning sessions, students will take part in additional LiM sessions in school, to help with their progress. Students will be required to complete an independent study guide in their own time, at their own pace to evidence their learning.

ON EXPEDITION

An expedition is the ideal setting to practise skills and habits. Our Leaders are trained LiM practitioners, using it in planning sessions, training events and on expedition. Leaders also write detailed participant reports as part of the evidence element of the course, required for gaining the qualification. These are also a valuable addition to a university or job application.

POST EXPEDITION

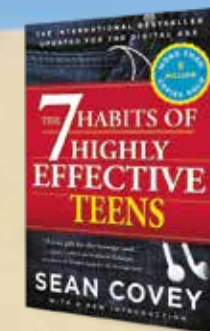
Students will be required to plan and deliver a presentation event at the school to show others what they learned, how they put it into practise and how they will continue to use the habits and skills in the future. Participants must organise all the logistics as well as promote the event to ensure it's well attended.



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WHAT STUDENTS GET FROM THE COURSE

- ▶ Up to 18 months of guided learning and training
- ▶ Extensive support resources - printed and online
 - ▶ Support and guidance from Outlook Expeditions
 - ▶ Printed and digital certificate on completion
 - ▶ Post expedition report to use in university & job applications
- ▶ Continued Professional Development (CPD) points for completed modules
- ▶ Valuable habits and skills that will last a lifetime!
 - ▶ Fully trained expedition leaders to reinforce learning



THE JOURNEY

SIX

FINALE & GRADUATION

Either at the end of expedition or event at school.

FIVE

OVERSEAS EXPEDITION

Students carry out leadership roles using skills and habits learned, culminating in an end of expedition celebration event planned by the team.

FOUR

EXPEDITION TRAINING

UK residential training weekend, opportunity to put habits into action.

THREE

EXPEDITION LEADER MEETING

Meet the Leader, team building and practise 7 habits.

TWO

LEADER IN ME DAY

A full day session introducing and learning all 7 Habits.

ONE

BUILDING THE TEAM CULTURE

Itinerary Development Session, Leader in Me overview.

Terms and conditions

Leader In Me is offered as a free, added-value inclusion to all Outlook Expedition programmes, except for teams travelling to European destinations and Morocco.

Outlook will ask participating schools to fully commit to the Leader in Me programme. Its success relies on teachers completing the 7 Habits of Highly Successful people training programme and supporting additional training sessions for students.



“Maturity is the ability to express one’s own feelings and convictions balanced with the consideration for the thoughts and feelings of others.” - Hrand Saxenian

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