

OUTLOOK



Ready. For Life.

EXPEDITION GUIDE

Greece



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Why Go On Expedition?

Expeditions allow you to spread your wings, see and experience the big wide world and discover what you're truly capable of.

Take the leap and step outside your comfort zone to achieve more than you ever imagined:

- ✕ Accelerate your learning and life skills development
- ✕ Gain an understanding of other cultures and global issues
- ✕ Uncover your strengths and discover new passions
- ✕ Challenge yourself to meet new like-minded adventurers or sign up with a friend
- ✕ Build character, resilience and the confidence to face life's challenges
- ✕ Boost your CV for university and job applications

The 4 Cornerstones of an Outlook Expedition

EXAMPLE COMPONENTS

No matter where in the world you go on expedition, there will be a rich mix of experiences from which to choose.

And ALL of our expeditions will include elements from each of the '4 Cornerstones of an Outlook Expedition'.

We work with your school and expedition team members to understand needs and wants, and then we co-create an expedition itinerary.

Components of your expedition, will be dependant upon destination and duration.



COMMUNITY ENGAGEMENT

Meet indigenous communities and stay in village homestays
Take part in service-learning and community projects
Support conservation and wildlife protection efforts



PHYSICAL CHALLENGE

Trekking to altitude
Jungle treks
PADI dive qualification
White-water rafting and more...



LEADERSHIP

In-country leadership roles
Self-leading: budget management, booking transport, accommodation, activities and more
Leader-In-Me online course



ACTIVITIES / R&R

Sightseeing
Jungle camp
Kayaking
Cycling
Beach day and more...

The Outlook Programme

An Outlook expedition doesn't just start when the plane takes off. It starts the moment a team goes live!



Starting up to 24 months prior to travel

WEBINARS - LEADER IN ME - NEWSLETTERS - SOCIAL MEDIA UPDATES - EMAIL NOTIFICATIONS

★ EVENTS WITH A STAR NEXT TO THEM MAY BE COMBINED
BASED ON THE NEEDS OF THE EXPEDITION

Welcome to Greece

Prepare for an expedition of stunning scenery, crystal clear waters and glorious sunshine.

An adventure not to be missed, take to your kayaks and explore the islands of the Ionian Sea paddling past rugged coasts and pristine beaches.

Look out for marine wildlife such as turtles and dolphins whilst discovering sea caves, tunnels and arches.

Land on deserted golden sands where you will learn about the incredible history of the region before camping under the stars.



WHY GREECE FOR AN EXPEDITION?

- Circumnavigate the beautiful Greek islands by kayak
- Enjoy wild camping on pristine beaches
- Support the important protection of Greek marine life

From myth and mountains to turquoise waters

WHAT TO EXPECT



Physical Challenge



Community Engagement



Activities / R&R



Leadership



SAMPLE 14 DAY ITINERARY

SEASON: SPRING & SUMMER

[other itinerary options are available for this expedition,
in addition to itineraries for expeditions of varying durations]

Day 1: Fly from the UK to Kefalonia

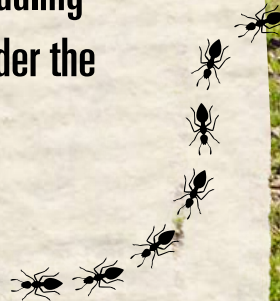
Day 2: Complete orientation tasks and travel to Argostoli

Days 3–8: Take part in marine conservation service learning,
including snorkel surveys, fish identification workshops, beach clean-
ups and learning about the impacts of climate change

Day 9: Travel to Vassiliki and set up camp in preparation for kayaking

Days 10–13: Sea kayaking adventure along the coastline, paddling
past remote beaches and hidden caves, with wild camping under the
stars each evening

Day 14: Return home to the UK





Day 1

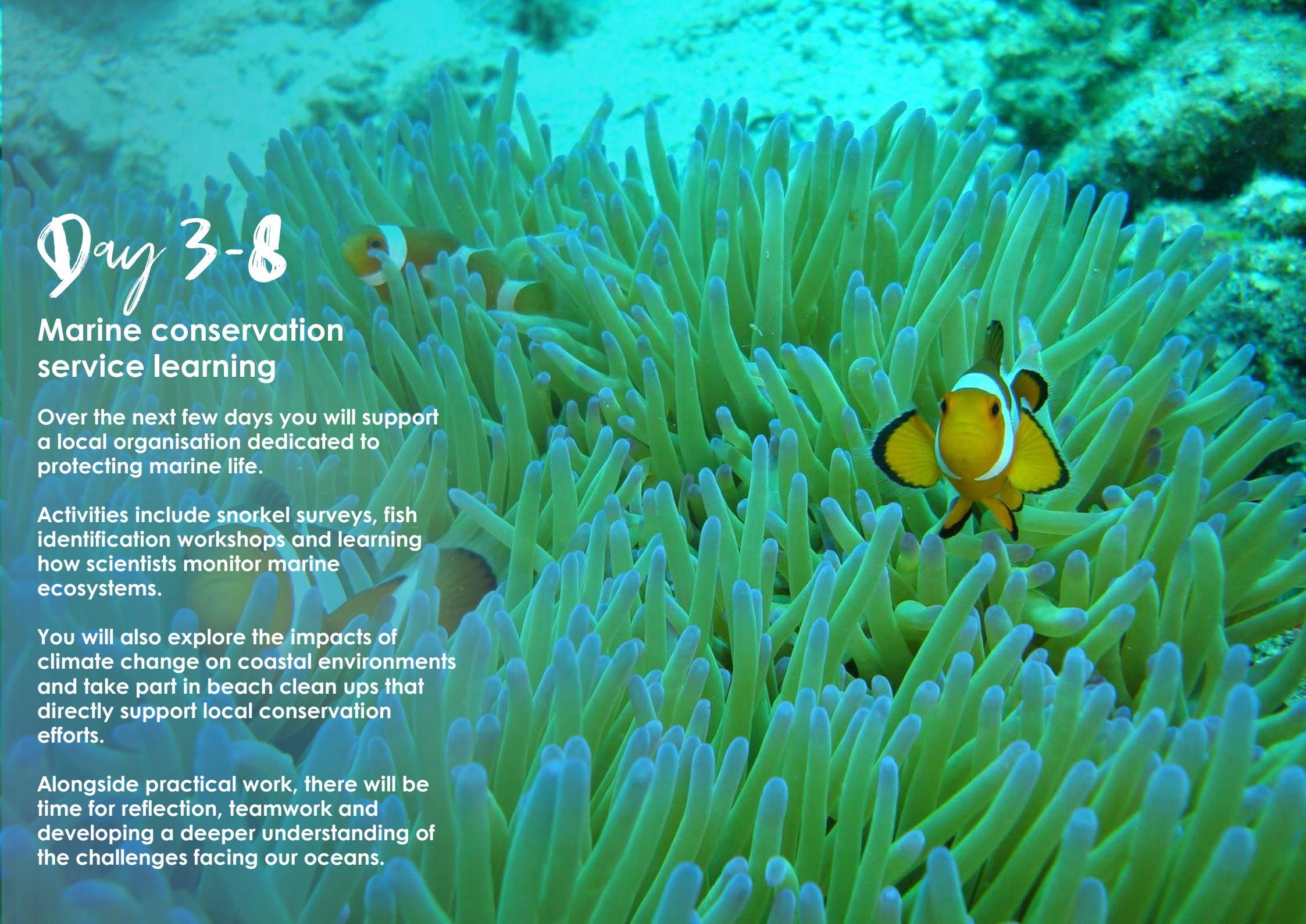
Fly from the UK to Kefalonia

Depart the UK and arrive on the beautiful island of Kefalonia. After landing, transfer to your accommodation and settle in, with time to rest after your journey and get your first feel for island life.

Day 2

Orientation and travel to Argostoli

Today focuses on orientation and preparation for the expedition ahead. You will complete key tasks such as getting to know the local area, understanding safety procedures and learning about the marine environment. You will then travel to Argostoli, the island's lively capital, ready to begin your service learning phase.

A vibrant underwater scene featuring a clownfish with orange, white, and black stripes swimming among the long, green, finger-like tentacles of a sea anemone. The background is a soft-focus view of the ocean floor with more coral and water.

Day 3-8

Marine conservation service learning

Over the next few days you will support a local organisation dedicated to protecting marine life.

Activities include snorkel surveys, fish identification workshops and learning how scientists monitor marine ecosystems.

You will also explore the impacts of climate change on coastal environments and take part in beach clean ups that directly support local conservation efforts.

Alongside practical work, there will be time for reflection, teamwork and developing a deeper understanding of the challenges facing our oceans.



Day 9

Travel to the Vassiliki and prepare for kayaking

Travel south to Vassiliki, a coastal village known for its clear waters and strong winds. After setting up camp, you will prepare for your kayaking phase, checking equipment, learning safety skills and getting ready for the days on the water ahead.



Day 10-13

Kayaking in Vassiliki

Begin your sea kayaking adventure along Greece's stunning coastline.

You will paddle to remote beaches and explore hidden caves, developing confidence and paddling skills as you go.

Each evening you will wild camp under the stars, cooking together and reflecting on the journey so far.

Day 14

Return home

Today you will catch your flight back to the UK, returning with unforgettable memories and new experiences to share.



What's Included

- ✕ An Outlook team T-Shirt
- ✕ International Flights
- ✕ Comprehensive overseas medical insurance
- ✕ All overseas transport
- ✕ All food and accommodation
- ✕ All activities including any entrance fees
- ✕ A highly qualified and experienced Expedition Leader, supported by an Assistant Leader
- ✕ 24-7 support from our UK-based Operations Room
- ✕ Access to the full Outlook Programme
- ✕ A license to the renowned 'Leader In Me' online personal development course



What's Excluded

- ✕ Cancellation and personal belongings insurance
- ✕ Transport to and from the UK departure airport
- ✕ Personal equipment (e.g. rucksack, walking boots, waterproof clothing)
- ✕ Spending money for gifts/souvenirs
- ✕ Inoculations, prophylaxis and personal medicines
- ✕ Visas and passports

Payment Guide

A deposit is necessary to secure your place.

The balance may be made by equal monthly payments or in 3 larger staged payments, with final payment for both required no later than 2 months prior to travel.

Refer to our Terms and Conditions for cancellation charges.

If there are insufficient expeditioners for the expedition to proceed, Outlook reserve the right to cancel, and any payments, including the deposit would be refunded.

Encourage a friend to join and we'll say 'thank you' in a useful way

We are Outlook Expeditions

Outlook was formed in the foothills of Snowdonia in 2001, by a group of passionate enthusiasts who believed in the outdoors and expeditions as a vehicle for building character and increasing resilience.

Since then, we've taken tens of thousands of students on life-changing journeys to over 60 countries on five continents across the world.

WHY DO WE EXIST?

To help young people get ready for life.

WHAT DO WE DO?

We create overseas expeditions that deliver inspirational, immersive 'outside the classroom' learning experiences, that accelerate core skills development in young people

On our expeditions, individuals become team players, growing and learning through challenge, developing character, building resilience, and improving wellbeing.

We encourage responsible travel and meaningfully connect young people with the communities their visit, creating global citizens with a keen awareness of the world and their place in it.

WHAT'S DIFFERENT ABOUT AN OUTLOOK EXPEDITION?

We believe that the real destination is the personal development of a young person.

We don't fit your needs to an 'off-the-shelf' product. Quite the opposite. We listen first, ask questions and listen again to your answers. And then, we carefully craft itinerary and destination solutions that align to your school's and participants' unique needs and wants.

From a 'bag of cash' student-led age-old expedition in Peru, to a more curated activity-driven experience in Malaysia, we co-create expedition journeys with you.

The Outlook Way

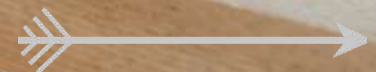
We believe that what we do and how we do it are of equal importance.

We aspire to behave in the same way that we encourage our expedition teams to behave.

Our core values are our guiding principles for working as a team and in interaction with schools, parents, suppliers, partners and expeditioners. They are embedded into every aspect of our company culture.

We call it the 'Outlook Way'.

- ✕ We have a positive growth mindset
- ✕ We work together
- ✕ We find new ways
- ✕ We believe in kindness



How we create an Expedition



EXPEDITION DEVELOPMENT

- We send experienced leaders to potential destinations to undertake recces, for both risk assessments and for expedition development.
- We'll check existing and new accommodation, transport, activities, treks, dives and more.
- We're looking at safety and potential safeguarding risks, as well as assessing the level of challenge and enjoyability.

ITINERARY DEVELOPMENT

- We work with school leaders to understand what the school and expeditioners need and want before a booking is made.
- We share example of existing itineraries, but it is not until we have a team that we together create a draft itinerary closely tailored to the expeditioners' needs and wants, in an Outlook Programme workshop we call 'Map Your Journey'.
- We will continue to refine that until issuing a Final Itinerary a month before travel.
- For our Indi Expeditions [i.e. expeditions not connected with a specific school], we use our experience to create a best-in-class itinerary for the independent expeditioners.



Nothing Worth Doing Is Ever Easy

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ACCREDITATIONS

BSI 8848 Compliance: British Standards Institution spec. for adventurous activities outside the UK

ATOL Certificate 6679: Financial protection for all flights and trips booked through Outlook

Learning Outside the Classroom (LOtC) Quality Badge: Independently assessed for effective risk management & educational value

Expedition Providers' Association (EPA): Founding & full member, promoting safety and quality in overseas expeditions

Adventure Activities Licensing Authority (AALA): Licensed to provide outdoor adventure activities to under-18s in the UK

Approved Activity Provider (AAP) for the Duke of Edinburgh's Award

