

OUTLOOK  Ready. For Life.

EXPEDITION GUIDE

Mongolia



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Why Go On Expedition?

Expeditions allow you to spread your wings, see and experience the big wide world and discover what you're truly capable of.

Take the leap and step outside your comfort zone to achieve more than you ever imagined:

- ✕ Accelerate your learning and life skills development
- ✕ Gain an understanding of other cultures and global issues
- ✕ Uncover your strengths and discover new passions
- ✕ Challenge yourself to meet new like-minded adventurers or sign up with a friend
- ✕ Build character, resilience and the confidence to face life's challenges
- ✕ Boost your CV for university and job applications

The 4 Cornerstones of an Outlook Expedition

EXAMPLE COMPONENTS

No matter where in the world you go on expedition, there will be a rich mix of experiences from which to choose.

And ALL of our expeditions will include elements from each of the '4 Cornerstones of an Outlook Expedition'.

We work with your school and expedition team members to understand needs and wants, and then we co-create an expedition itinerary.

Components of your expedition, will be dependant upon destination and duration.



COMMUNITY ENGAGEMENT

Meet indigenous communities and stay in village homestays
Take part in service-learning and community projects
Support conservation and wildlife protection efforts



PHYSICAL CHALLENGE

Trekking to altitude
Jungle treks
PADI dive qualification
White-water rafting and more...



LEADERSHIP

In-country leadership roles
Self-leading: budget management, booking transport, accommodation, activities and more
Leader-In-Me online course



ACTIVITIES / R&R

Sightseeing
Jungle camp
Kayaking
Cycling
Beach day and more...

The Outlook Programme

An Outlook expedition doesn't just start when the plane takes off. It starts the moment a team goes live!



Starting up to 24 months prior to travel

WEBINARS - LEADER IN ME - NEWSLETTERS - SOCIAL MEDIA UPDATES - EMAIL NOTIFICATIONS



EVENTS WITH A STAR NEXT TO THEM MAY BE COMBINED
BASED ON THE NEEDS OF THE EXPEDITION

Welcome to Mongolia

Step off the plane into a world of nomads and eagle hunters, where wild horses gallop across vast uninhabited deserts and grasslands.

Mongolia is a place where the ancient traditions of the past are still practiced today.

Get to know the people of this magical land in the unique capital, Ulaanbaatar, before heading for the horizon on horseback across the endless steppe. Wild landscapes stretch before the hooves of your trusty steed!

WHY MONGOLIA FOR AN EXPEDITION?

- Traverse the steppe by horseback
- Trek through one of the Earth's greatest wilderness
- Experience true nomad hospitality
- Work with a worthwhile community initiative
- Step off the beaten track of typical tourism and experience an unique travel destination

The Land of Endless Horizons

WHAT TO EXPECT



Physical Challenge



Community Engagement



Activities / R&R



Leadership



SAMPLE 21 DAY ITINERARY

SEASON: SPRING & AUTUMN ONLY

[other itinerary options are available for this expedition,
in addition to itineraries for expeditions of varying durations]

Day 1–2: Fly from the UK to Mongolia

Day 3: Arrive in Ulaanbaatar and complete orientation tasks

Day 4: Experience the Naadam Festival and local cultural celebrations

(Please note that this festival takes place once a year and is therefore dependent on your travel dates)

Day 5: Travel to the trekking region

Day 6–8: Begin trekking in the Khangai Mountains

Day 9: Take part in conservation service learning for the day

Day 10: Travel to your next service learning phase

Day 11–14: Support community projects in Ulaanbaatar

Day 15: Travel to the horse trekking region

Day 16–17: Horse trekking across open steppe

Day 18–19: Experience the nomadic lifestyle with a local family

Day 20: Travel back to Ulaanbaatar and evening in the city

Day 21: Fly back home to the UK





Your Expedition Starts



Day 1-2

Travel to Mongolia

Depart the UK and begin your journey to Mongolia. After international flights and transfers, you will arrive in Ulaanbaatar, the capital city, ready to start your expedition. These first days are all about travel, settling in and getting your first impressions of this vast and fascinating country.

Day 3

Orientation in Ulaanbaatar

Your first full day in country is a chance to recover from travel and get to know your surroundings. You will take part in orientation tasks such as purchasing local SIM cards, exchanging currency and organising onward transport. This is also a great opportunity to explore the city and begin adjusting to Mongolian culture and pace of life.



Day 4

Cultural Experience Naadam Festival *

Today you will experience the Naadam Festival, one of Mongolia's most important cultural celebrations and a UNESCO recognised event. Naadam showcases traditional Mongolian sports including wrestling, archery and horse racing. Alongside the competitions, you will enjoy parades, music, performances and local food, offering a deep and immersive insight into Mongolia's nomadic heritage and national pride.

**Please note that this festival takes place once a year in July and is therefore dependent on your travel dates.*



Day 5

Travel to Trekking Region

You will travel out of the city and into the Mongolian countryside, heading towards the trekking region. As the landscape opens up, you will begin to appreciate Mongolia's wide open spaces, rolling hills and dramatic natural scenery.

A scenic landscape of the Khangai Mountains. In the foreground, a river flows through a lush green valley. A deer stands on the grassy bank, looking towards the mountains. The background features steep, rocky mountain slopes covered in dense evergreen forests under a clear blue sky.

Begin your trek

Day 6-8

Trekking in the Khangai Mountains

Spend three days trekking in the beautiful north eastern slopes of the Khangai Mountains near Tsetserleg in Arkhangai province. This region is known for its sweeping valleys, rugged mountains, clear rivers and peaceful lakes. Trekking here offers a true sense of remoteness and connection to nature, with nights spent immersed in the quiet of the Mongolian wilderness.



Day 9

Travel and Tree Planting

Your day begins with a tree planting project in the local area, contributing positively to the environment. After this meaningful activity, you will travel onwards to the next phase of your expedition, heading towards your service learning placement.





Day 10-14

Service Learning in Ulaanbaatar

You will spend five days supporting Basygalant, a day care centre on the outskirts of Ulaanbaatar. The centre provides a safe and supportive environment for around 120 children aged 6 to 16 from underprivileged backgrounds.

During your time here, you will help with building, renovation and other hands-on projects, working closely with local staff and gaining a deeper understanding of life in Mongolia's urban communities.

Day 15

Travel to Horse Trekking Area

Today you say goodbye to your service learning partners and travel onwards to the horse trekking region. This journey takes you back into Mongolia's open landscapes, where horses remain central to daily life and culture.

Day 16-17

Horse Trekking Across the Steppe

Spend two days horse trekking through the Bohog area and across the open steppe, surrounded by mountain views and vast plains. Guided by local horsemen, you will experience travel the traditional way. You will be encouraged to fully take part in daily camp life, helping with cooking, caring for the horses, setting up camp and other shared tasks.





Day 18-19

Nomadic Lifestyle Experience

You will spend two days living with a local nomadic family, gaining first hand experience of traditional Mongolian life. Activities may include milking mares, tethering foals, churning fermented milk, preparing traditional food and sleeping in a ger. This is a rare opportunity to learn from your hosts and understand a way of life that has remained largely unchanged for generations.

Day 20

Return to Ulaanbaatar

Travel back to Ulaanbaatar for your final night in Mongolia. This is a chance to reflect on your journey, enjoy a final meal together and pick up any last-minute souvenirs.

Day 21

Farewell to Mongolia

It is time to say goodbye to Mongolia and begin your journey home. You will return to the UK with incredible memories, new perspectives and stories to share from an expedition across one of the world's most remote and culturally rich destinations.

What's Included

- ✕ An Outlook team T-Shirt
- ✕ International Flights
- ✕ Comprehensive overseas medical insurance
- ✕ All overseas transport
- ✕ All food and accommodation
- ✕ All activities including any entrance fees
- ✕ A highly qualified and experienced Expedition Leader, supported by an Assistant Leader
- ✕ 24-7 support from our UK-based Operations Room
- ✕ Access to the full Outlook Programme
- ✕ A license to the renowned 'Leader In Me' online personal development course



What's Excluded

- ✕ Cancellation and personal belongings insurance
- ✕ Transport to and from the UK departure airport
- ✕ Personal equipment (e.g. rucksack, walking boots, waterproof clothing)
- ✕ Spending money for gifts/souvenirs
- ✕ Inoculations, prophylaxis and personal medicines
- ✕ Visas and passports

Payment Guide

A deposit is necessary to secure your place.

The balance may be made by equal monthly payments or in 3 larger staged payments, with final payment for both required no later than 2 months prior to travel.

Refer to our Terms and Conditions for cancellation charges.

If there are insufficient expeditioners for the expedition to proceed, Outlook reserve the right to cancel, and any payments, including the deposit would be refunded.

Encourage a friend to join and we'll say 'thank you' in a useful way

We are Outlook Expeditions

Outlook was formed in the foothills of Snowdonia in 2001, by a group of passionate enthusiasts who believed in the outdoors and expeditions as a vehicle for building character and increasing resilience.

Since then, we've taken tens of thousands of students on life-changing journeys to over 60 countries on five continents across the world.

WHY DO WE EXIST?

To help young people get ready for life.

WHAT DO WE DO?

We create overseas expeditions that deliver inspirational, immersive 'outside the classroom' learning experiences, that accelerate core skills development in young people

On our expeditions, individuals become team players, growing and learning through challenge, developing character, building resilience, and improving wellbeing.

We encourage responsible travel and meaningfully connect young people with the communities their visit, creating global citizens with a keen awareness of the world and their place in it.

WHAT'S DIFFERENT ABOUT AN OUTLOOK EXPEDITION?

We believe that the real destination is the personal development of a young person.

We don't fit your needs to an 'off-the-shelf' product. Quite the opposite. We listen first, ask questions and listen again to your answers. And then, we carefully craft itinerary and destination solutions that align to your school's and participants' unique needs and wants.

From a 'bag of cash' student-led age-old expedition in Peru, to a more curated activity-driven experience in Malaysia, we co-create expedition journeys with you.

The Outlook Way

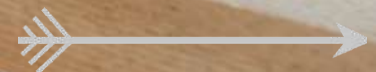
We believe that what we do and how we do it are of equal importance.

We aspire to behave in the same way that we encourage our expedition teams to behave.

Our core values are our guiding principles for working as a team and in interaction with schools, parents, suppliers, partners and expeditioners. They are embedded into every aspect of our company culture.

We call it the 'Outlook Way'.

- ✕ We have a positive growth mindset
- ✕ We work together
- ✕ We find new ways
- ✕ We believe in kindness



How we create an Expedition



EXPEDITION DEVELOPMENT

- We send experienced leaders to potential destinations to undertake recces, for both risk assessments and for expedition development.
- We'll check existing and new accommodation, transport, activities, treks, dives and more.
- We're looking at safety and potential safeguarding risks, as well as assessing the level of challenge and enjoyability.

ITINERARY DEVELOPMENT

- We work with school leaders to understand what the school and expeditioners need and want before a booking is made.
- We share example of existing itineraries, but it is not until we have a team that we together create a draft itinerary closely tailored to the expeditioners' needs and wants, in an Outlook Programme workshop we call 'Map Your Journey'.
- We will continue to refine that until issuing a Final Itinerary a month before travel.
- For our Indi Expeditions [i.e. expeditions not connected with a specific school], we use our experience to create a best-in-class itinerary for the independent expeditioners.



Nothing Worth Doing Is Ever Easy

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ACCREDITATIONS

BSI 8848 Compliance: British Standards Institution spec. for adventurous activities outside the UK

ATOL Certificate 6679: Financial protection for all flights and trips booked through Outlook

Learning Outside the Classroom (LOtC) Quality Badge: Independently assessed for effective risk management & educational value

Expedition Providers' Association (EPA): Founding & full member, promoting safety and quality in overseas expeditions

Adventure Activities Licensing Authority (AALA): Licensed to provide outdoor adventure activities to under-18s in the UK

Approved Activity Provider (AAP) for the Duke of Edinburgh's Award

