

OUTLOOK  Ready. For Life.

EXPEDITION GUIDE

Romania



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Why Go On Expedition?

Expeditions allow you to spread your wings, see and experience the big wide world and discover what you're truly capable of.

Take the leap and step outside your comfort zone to achieve more than you ever imagined:

- ✕ Accelerate your learning and life skills development
- ✕ Gain an understanding of other cultures and global issues
- ✕ Uncover your strengths and discover new passions
- ✕ Challenge yourself to meet new like-minded adventurers or sign up with a friend
- ✕ Build character, resilience and the confidence to face life's challenges
- ✕ Boost your CV for university and job applications

The 4 Cornerstones of an Outlook Expedition

EXAMPLE COMPONENTS

No matter where in the world you go on expedition, there will be a rich mix of experiences from which to choose.

And ALL of our expeditions will include elements from each of the '4 Cornerstones of an Outlook Expedition'.

We work with your school and expedition team members to understand needs and wants, and then we co-create an expedition itinerary.

Components of your expedition, will be dependant upon destination and duration.



COMMUNITY ENGAGEMENT

Meet indigenous communities and stay in village homestays
Take part in service-learning and community projects
Support conservation and wildlife protection efforts



PHYSICAL CHALLENGE

Trekking to altitude
Jungle treks
PADI dive qualification
White-water rafting and more...



LEADERSHIP

In-country leadership roles
Self-leading: budget management, booking transport, accommodation, activities and more
Leader-In-Me online course



ACTIVITIES / R&R

Sightseeing
Jungle camp
Kayaking
Cycling
Beach day and more...

The Outlook Programme

An Outlook expedition doesn't just start when the plane takes off. It starts the moment a team goes live!



Starting up to 24 months prior to travel

WEBINARS - LEADER IN ME - NEWSLETTERS - SOCIAL MEDIA UPDATES - EMAIL NOTIFICATIONS



EVENTS WITH A STAR NEXT TO THEM MAY BE COMBINED
BASED ON THE NEEDS OF THE EXPEDITION

Welcome to Romania

Transylvania: a land that brings to mind dark forests and mountains, medieval towns and mysterious castles – and it doesn't disappoint!

Though stories of Dracula may be myth, the legendary warmth and hospitality of the region certainly are not. Get to know the largest population of brown bears in the world, and learn about how their habitat is being encroached upon by humans.

Support an organisation committed to protecting the nature rich, farmed landscapes of Transylvania and to support the traditional farming communities who have created them over centuries and who maintain them today.



WHY ROMANIA FOR AN EXPEDITION?

- Trek through wild forests and make your way to the top of Piatra Mare
- Spot incredible wildlife
- Explore Dracula's Bran Castle
- Discover the sights of Brasov and Bucharest

Where wild landscapes, wildlife and rich history meet

WHAT TO EXPECT



Physical Challenge



Community Engagement



Activities / R&R



Leadership



SAMPLE 10 DAY ITINERARY

SEASON: SPRING & SUMMER

[other itinerary options are available for this expedition,
in addition to itineraries for expeditions of varying durations]

Day 1: Fly from the UK to Bucharest and begin arrival orientation tasks

Day 2: Complete orientation in Bucharest before travelling to the medieval city of Brasov

Day 3: Take a self guided day trek up Mount Tampa overlooking Brasov and the surrounding Transylvanian landscape

Day 4: Begin your trek in the Piatra Mare Mountains, hiking through forested trails and limestone ridgelines

Day 5: Continue trekking to the highest peak in the Piatra Mare range at 1843 metres

Day 6: Visit Bran Castle and explore its history, legends and dramatic hilltop setting

Day 7: Begin service learning at the Libearty Bear Sanctuary supporting conservation and animal welfare work

Day 8: Continue service learning activities including food preparation, enrichment tasks and site maintenance

Day 9: Travel back to Bucharest and celebrate the completion of your expedition with a group meal

Day 10: Fly back to the UK





Your Expedition Starts



Day 1

Fly from the UK to Bucharest

Depart the UK and begin your expedition to Romania. On arrival in Bucharest, you will settle into your accommodation and start to prepare for the journey ahead, ready to explore a new country and culture.

Day 2

Orientation in Bucharest and travel to Brasov

Spend the morning completing key orientation tasks including exchanging currency and getting familiar with your surroundings. Take time to explore Bucharest, often known as Little Paris, before travelling in the afternoon to the medieval city of Brasov, set within the dramatic Transylvanian mountains.



Day 3

Mount Tampa day trek

Today you will take on a self-guided hike up Mount Tampa, which overlooks the city of Brasov. The walk takes around an hour and rewards you with panoramic views of the city and surrounding forests. The mountain is home to a wide range of wildlife including birds, butterflies and mammals, offering a strong connection to the natural environment.



Day 4

Begin the Piatra Mare trek

Travel to the starting point of your trek in the Piatra Mare Mountains. Over the course of the day you will hike through forested trails and limestone terrain, building teamwork and resilience as you settle into trekking life in the Carpathians.

Day 5

Complete the Piatra Mare trek

Continue trekking through the Piatra Mare range, working your way towards the highest peak at 1843 metres. The route offers varied landscapes, steep ascents and wide open views, giving a real sense of achievement as you complete this challenging and rewarding trek.



Day 6

Visit Bran Castle

Today you will visit the famous Bran Castle, perched high above the surrounding landscape. Explore the historic rooms, winding staircases and underground passages while learning about the legends associated with Dracula and the castle's royal history. This day offers a fascinating insight into Romanian heritage and folklore.





Day 1

Service learning at the Liberty Bear Sanctuary

Begin your service learning placement at the Liberty Bear Sanctuary, the largest brown bear sanctuary in the world. You will learn about bear conservation and the challenges faced by rescued bears while supporting the daily running of the sanctuary through practical tasks.

Day 8

Continue service learning activities

Spend another full day at the sanctuary taking part in meaningful hands on work. Activities may include preparing food, making enrichment such as bear ice cream, and helping with maintenance tasks that support the wellbeing of the bears and the sanctuary staff.

Day 9

Return to Bucharest

Travel back to Bucharest and enjoy time to reflect on your expedition experiences. In the evening, celebrate the completion of your journey with a group meal in the capital, sharing stories and achievements from the trip.

Day 10

Fly back to the UK

Depart Romania and return home with new confidence, skills and experiences gained through trekking, service learning and cultural immersion.



What's Included

- ✕ An Outlook team T-Shirt
- ✕ International Flights
- ✕ Comprehensive overseas medical insurance
- ✕ All overseas transport
- ✕ All food and accommodation
- ✕ All activities including any entrance fees
- ✕ A highly qualified and experienced Expedition Leader, supported by an Assistant Leader
- ✕ 24-7 support from our UK-based Operations Room
- ✕ Access to the full Outlook Programme
- ✕ A license to the renowned 'Leader In Me' online personal development course



What's Excluded

- ✕ Cancellation and personal belongings insurance
- ✕ Transport to and from the UK departure airport
- ✕ Personal equipment (e.g. rucksack, walking boots, waterproof clothing)
- ✕ Spending money for gifts/souvenirs
- ✕ Inoculations, prophylaxis and personal medicines
- ✕ Visas and passports

Payment Guide

A deposit is necessary to secure your place.

The balance may be made by equal monthly payments or in 3 larger staged payments, with final payment for both required no later than 2 months prior to travel.

Refer to our Terms and Conditions for cancellation charges.

If there are insufficient expeditioners for the expedition to proceed, Outlook reserve the right to cancel, and any payments, including the deposit would be refunded.

Encourage a friend to join and we'll say 'thank you' in a useful way

We are Outlook Expeditions

Outlook was formed in the foothills of Snowdonia in 2001, by a group of passionate enthusiasts who believed in the outdoors and expeditions as a vehicle for building character and increasing resilience.

Since then, we've taken tens of thousands of students on life-changing journeys to over 60 countries on five continents across the world.

WHY DO WE EXIST?

To help young people get ready for life.

WHAT DO WE DO?

We create overseas expeditions that deliver inspirational, immersive 'outside the classroom' learning experiences, that accelerate core skills development in young people

On our expeditions, individuals become team players, growing and learning through challenge, developing character, building resilience, and improving wellbeing.

We encourage responsible travel and meaningfully connect young people with the communities their visit, creating global citizens with a keen awareness of the world and their place in it.

WHAT'S DIFFERENT ABOUT AN OUTLOOK EXPEDITION?

We believe that the real destination is the personal development of a young person.

We don't fit your needs to an 'off-the-shelf' product. Quite the opposite. We listen first, ask questions and listen again to your answers. And then, we carefully craft itinerary and destination solutions that align to your school's and participants' unique needs and wants.

From a 'bag of cash' student-led age-old expedition in Peru, to a more curated activity-driven experience in Malaysia, we co-create expedition journeys with you.

The Outlook Way

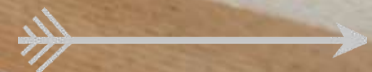
We believe that what we do and how we do it are of equal importance.

We aspire to behave in the same way that we encourage our expedition teams to behave.

Our core values are our guiding principles for working as a team and in interaction with schools, parents, suppliers, partners and expeditioners. They are embedded into every aspect of our company culture.

We call it the 'Outlook Way'.

- ✕ We have a positive growth mindset
- ✕ We work together
- ✕ We find new ways
- ✕ We believe in kindness



How we create an Expedition



EXPEDITION DEVELOPMENT

- We send experienced leaders to potential destinations to undertake recce, for both risk assessments and for expedition development.
- We'll check existing and new accommodation, transport, activities, treks, dives and more.
- We're looking at safety and potential safeguarding risks, as well as assessing the level of challenge and enjoyability.

ITINERARY DEVELOPMENT

- We work with school leaders to understand what the school and expeditioners need and want before a booking is made.
- We share example of existing itineraries, but it is not until we have a team that we together create a draft itinerary closely tailored to the expeditioners' needs and wants, in an Outlook Programme workshop we call 'Map Your Journey'.
- We will continue to refine that until issuing a Final Itinerary a month before travel.
- For our Indi Expeditions [i.e. expeditions not connected with a specific school], we use our experience to create a best-in-class itinerary for the independent expeditioners.



Nothing Worth Doing Is Ever Easy

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ACCREDITATIONS

BSI 8848 Compliance: British Standards Institution spec. for adventurous activities outside the UK

ATOL Certificate 6679: Financial protection for all flights and trips booked through Outlook

Learning Outside the Classroom (LOtC) Quality Badge: Independently assessed for effective risk management & educational value

Expedition Providers' Association (EPA): Founding & full member, promoting safety and quality in overseas expeditions

Adventure Activities Licensing Authority (AALA): Licensed to provide outdoor adventure activities to under-18s in the UK

Approved Activity Provider (AAP) for the Duke of Edinburgh's Award

